

Lactobacillus Serum - HOW TO MAKE IT

Step 1: Soak 1 kg rice for 2 hours.

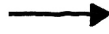
Wash the rice. Keep water for 7 days.

Step 2: Remove the middle part of

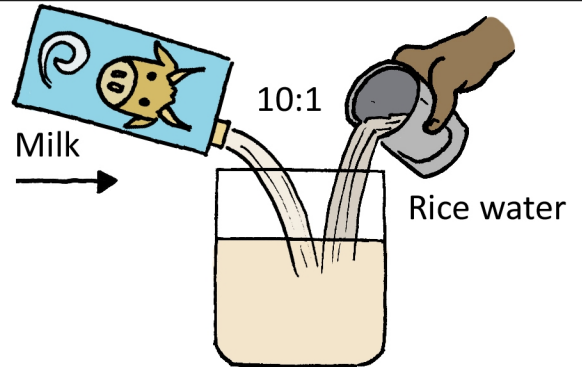
the solution.

Step 3: Add 10 parts milk to 1 part

rice wash water and leave for 7 days.



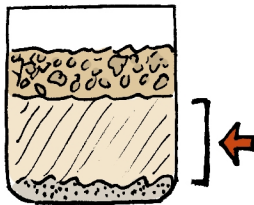
After 7 days



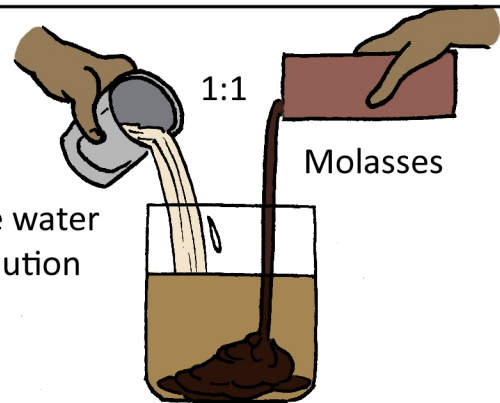
Step 4: Remove the middle part of the solution.

Step 5: Add 1 part of solution to 1 part of molasses.

After another 7 days



Rice water
solution

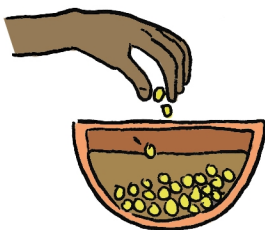


Lactobacillus Serum - HOW TO USE IT

Soak seeds in diluted Lab Serum
overnight before planting.

Add diluted lactobacillus to your
compost to increase its fertility.

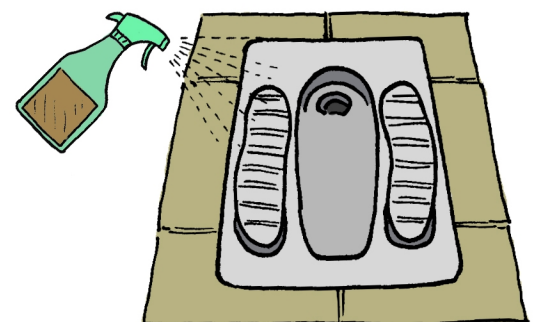
Use diluted Lab Serum to spray
plants to keep insects/diseases away.



Water new plants with diluted Lab
Serum to make them stronger.

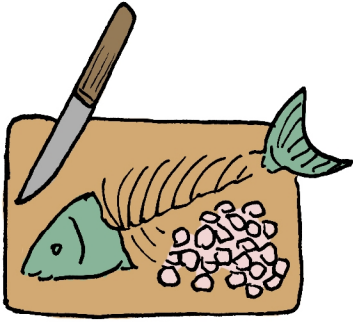
Spray plants when the crop start
getting ready with the harvest.

Spray latrine toilets and drains with
diluted Lab Serum.

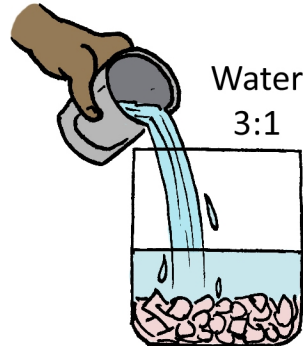


Fish Hydrolysate - HOW TO MAKE IT

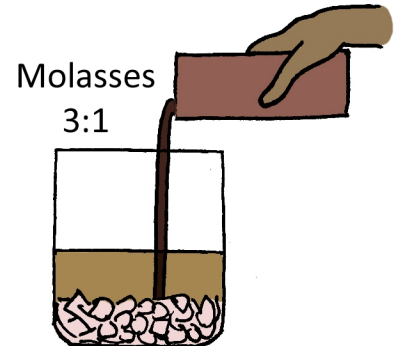
Step 1: Cut 1 kg of fish into tiny pieces.



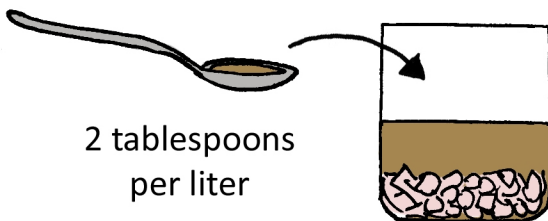
Step 2: Add 3 parts water to one part fish



Step 3: Add 3 parts molasses to one part fish



Step 4: if you have, add lactobacillus serum, add 2 tablespoons per litre.

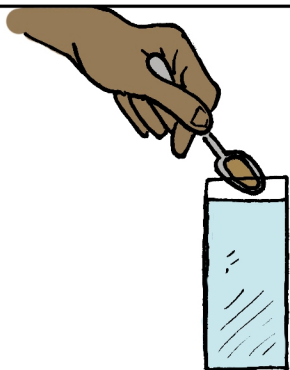


Step 5: Cover with a net and tie the top so no flies enter. Leave for 2-4 weeks and stir every few days.



Fish Hydrolysate - HOW TO USE IT

Dilution is 5ml (1 teaspoon) per litre of water.



Use to water plants around the roots.



Use to spray or splash onto the plants.



Use in compost tea.



Use in compost making.



Feed water to animals to make them healthier.

